MOST VALUABLE PROMOTIONS' MVPW-07: TURHAN VS. BAUMGARDNER FINAL PRESS CONFERENCE QUOTES AND PHOTOS

Watch the replay on MVP's YouTube channel HERE

Photo Link HERE (Credit: Most Valuable Promotions)

ARLINGTON, TEXAS – NOVEMBER 6, 2026 – Today at Texas Live! in Arlington, Texas, Most Valuable Promotions (MVP) hosted the final press conference ahead of MVPW-07: Turhan vs. Baumgardner, taking place Sunday, November 8, live on ESPN, ESPN Deportes, and the ESPN App from College Park Center in Arlington, Texas, and on Sky Sports in the UK.

The final war of words featured MVP's and Turkey's undefeated IBF lightweight world champion, the "Golden Turkish Warrior" **Elif Nur Turhan** (14-0, 8 KOs), vs. MVP and Dallas, Texas' unified super featherweight world champion **Alycia "The Bomb" Baumgardner** (18-1, 7 KOs), who steps up to 135lbs seeking to become a two-division world champion in a 10-round championship bout with three-minute rounds for the IBF lightweight world title. In the co-main event, MVP's Somali-British boxer **Ramla Ali** (11-2, 3 KOs) faces New York's undefeated **Mikiah Kreps** (11-0, 3 KOs) in a 10-round championship bout for the vacant WBO and IBF super bantamweight world titles at 122lbs.

Hosted by Demetria Obilor, the event featured MVP CEO Nakisa Bidarian alongside main card fighters, including Australia's reigning WBC super bantamweight world champion, two-division champion, and 2020 Olympian **Skye Nicolson** (16-1, 3 KOs); Japan's three-time, two-division world champion **Miyo Yoshida** (19-5, 1 KO); Mexico's IBF super flyweight world champion **Irma Garcia** (26-5-1, 6 KOs); and Panama's WBA super flyweight world champion **Nataly Delgado** (21-7-2, 5 KOs). Also taking the stage were undefeated world champions **Caroline Dubois** (14-0-1, 5 KOs) and **Stephanie Han** (13-0, 3 KOs), who came face-to-face ahead of their highly anticipated lightweight title unification showdown on Saturday, February 20, 2027, at GECU Arena at the Don Haskins Center in El Paso, Texas.

MVPW-07 Fight Week continues Saturday, November 7, with the Public Weigh-In at Texas Live! in Arlington, Texas, at 6:00pm CT, streaming live on MVP's YouTube Channel and the ESPN App. On Sunday, November 8, MVPW-07 streams live from College Park Center in Arlington, Texas. The preliminary card airs on the ESPN App beginning at 5:15pm ET / 4:15pm CT, with the main card starting at 8:30pm ET / 7:30pm CT on ESPN and ESPN Deportes in the US. The main card airs at 1:30am GMT on Sky Sports in the UK.

See quotes below and watch the full press conference on MVP's YouTube channel HERE.

ALYCIA BAUMGARDNER QUOTES

On facing Turhan:
I have one of the best challenges in front of me when we talk about stepping up. I'm stepping up to the lightweight division. I'm challenging a world champion, Elif [Nur Turhan], who is ready to fight. As for myself, I'm ready to go. I'm prepared, and I'm ready to punch her in the face.

On her experience in the ring:
Experience is everything in boxing, and I have that under my belt.

On her plans for her performance Sunday night:
[Elif Nur] Turhan is a perfect opponent to pick apart. You will see high-level boxing. You won't just see two girls fighting.

On her matchup vs. Turhan:
This is a great matchup, and you will see the separation of a world champion, former undisputed champion at that.

On fighting on ESPN:
MVP has seen the vision from afar, and now we're actually doing it. This Sunday, you get to not only watch football, but you're watching one of the best women fighters fight and step up to the plate on November 8th on ESPN. So, make sure you tune in.

On Dubois not wanting to face Turhan:
Caroline [Dubois] did not want this fight. When we talk about stepping up, I'm talking about being a big dog. She's still a puppy. Like I said, they get free pup cups at Starbucks, and that's where she is right now at the moment.

On wanting to face Turhan:
I work hard, and because this is a lifestyle for me, I'm stepping up again to do something she [Caroline Dubois] didn't want to do. So that already tells you my championship mindset.

On her plans for the rest of fight week:
Sunday is not just about winning another world title. It is about separating myself. I've been doing that with the hooks and the looks, with how I talk, how I promote myself, uplifting these women. It's important that we're using our influence, our impact. Not only am I bringing boxing on Sunday, but we're bringing the weigh-ins tomorrow, y'all. You know, you love the weigh-ins. Then we're also bringing people to church this Sunday.

On fighting three-minute rounds:
To make the adjustments to step up to three minutes is a personal decision. I think it allows me to just challenge myself in a different way after being in the sport for such a long time. With the skill set that I've been able to build, the three minutes just gave me more opportunity to showcase what that looks like. So, I think every woman has it in them. It's just up to them if they want to press that button.

On being the face of women's boxing:
Every woman has a story. Every woman has impact. I'm just blessed that I'm able to use my influence to the best of my ability, continue putting on the best fights, and be the face of women's boxing

On Dubois vs. Han:
This is the fight that's going to build the sport of boxing. Stephanie [Han] is game. Caroline's [Dubois] game. If I had to choose a winner, I'm going with my girl Stephanie Han from Texas, baby.

ELIF NUR TURHAN QUOTES
**Quotes have been translated from Turkish*.

On preparing to face Baumgardner:
We've trained even harder for this one, and hopefully this performance will be much better.

On Baumgardner's confidence:
It just means that she's well prepared, and she's ready to fight me. She's prepared well for this fight.

On what her past bout vs. Beatriz Ferreira taught her:
What it showed most of all is that I was well prepared, and it proved to be the case.

On Baumgardner saying she's ready to punch her in the face:
That's our job. It's normal for her to do that.

On what she learned from fighting Gabriela Tellez:
We're always getting stronger every single time we go out because we don't stop. We're not stopping. Of course, there's a lot to learn from the last fight, too. But that's how it was meant to be, and that's how it was.

On fighting three-minute rounds:
Before everything. I appreciate the chance to fight three-minute rounds and to show that we can fight the same as men. I thank Alycia [Baumgardner] for that.

On her prediction for Dubois vs. Han:
I always say, whoever prepares the best and is ready to go to war, they'll get the win.

STEPHANIE HAN QUOTES

On facing Dubois:
This fight definitely makes sense. Caroline's [Dubois] ranked number one in my division. She has two belts. She's an Olympian, and I'm just excited for this opportunity, and I'm excited to have this in El Paso, Texas.

On being an underdog:
I definitely am the underdog, but I'm a champion for a reason. No one is going to get through me. I'm going to stay champion, and I'm the future undisputed lightweight champion.

CAROLINE DUBOIS QUOTES

On facing Han:
This is just another step on the road for me. I can't wait. Undisputed, baby. Let's f******g go!

On wanting to face Baumgardner:
I've been dreaming of moments like this. Alycia's [Baumgardner] been running and ducking and diving for as long as she can. She's made excuses, but now we're here. We're close. I have to get through [Stephanie] Han. She has to get through [Elif Nur] Turhan. We're going to make it happen.

RAMLA ALI QUOTES

On what becoming a unified world champion would mean to her:
It would mean the absolute world. I've trained for such a long time to put myself in this position.

On being an underdog:
I know so many times that people have slept on me, but I just want to say, don't sleep on me.

On what winning would mean to her supporters:
It would mean so much to everyone. All the young girls and boys that look at me as hope and change...that if we both come from the same place and I can do it, you can do it too. That's what I'm hoping to show on Sunday.

On facing an undefeated fighter:
You just have to remember that there comes a time when everybody loses. So, having an undefeated record doesn't really scare me or do anything to me. I think the thing that separates us, or the thing that will separate us on Sunday, is who wants it more. I feel like I want it more.

MIKIAH KREPS QUOTES

On what winning on Sunday would mean to her:
Winning Sunday night is everything. I'm here to win, and that's what it's going to be on Sunday.

On making sacrifices to improve as a boxer:
Since my first fight at 9 years old, I've sacrificed everything to get to this point.

On facing Ali:
I have nothing but respect for my opponent, Ramla Ali. As you mentioned, we were former teammates, sparring partners, but I'm able to keep business. I think Ramla is a great person and a great fighter. We've taken her very seriously.

SKYE NICOLSON QUOTES

On making her MVP debut:
Very happy to be here. The long-awaited MVP debut is finally here.

On defending her WBC title:
I want to showcase my superior skills and that I'm the best in the division. I want to stand out.

On her past injury:
We had a little bit of an extra wait there. It was very frustrating times, obviously, with the injury and the setback, but very, very happy to be here and cannot wait for Sunday night.

On a potential unification bout following Ali vs. Kreps:
Of course, I have my sights set on that. I'll definitely be keeping one eye on that on Sunday. May the best girl win. I think it's a great fight, a great matchup, and I think I will make a great fight with the winner of that fight.

On improving:
I think we've all been through setbacks, ups and downs. Boxing isn't smooth sailing. It's what you do with those experiences, how you learn from them, how you adapt, how you grow, and how you show up better each time. That's exactly what I've done. I've learned from my experiences. I've adapted. I've gotten better and better and better, and I'm going to show that again on Sunday.

MIYO YOSHIDA QUOTES
***All quotes translated from Japanese.*

On what motivates her to compete at a championship level:
I want to keep challenging my limits, and I want to show my daughter that we should never give up.

On who she wants to win Ali vs. Kreps:
I'm rooting for [Mikiah] Kreps because I fought with her on two different fight cards.

On going after a third division championship opportunity:
I believe I can have a better opportunity or a better fight.

IRMA GARCIA QUOTES

***All quotes translated from Spanish.*

On what adding another world title would mean at this stage of her journey:
It would be a great opportunity for me to win another title and to be an undisputed fighter.

On what keeps her motivated:
It's exciting for me that I have a title already, but I want to go after one more. I want to be an example to a woman that there is no age to go after your dreams.

NATALY DELGADO QUOTES

On keeping her determination to follow her dreams:
You have to go after your dreams. Even though I had a fall, I am super excited to be part of this big event, and I'll see you on Sunday.

On what becoming unified would mean to her:
I would be making history because I would be the unified boxing champion of Panama.

Tickets for MVPW-07 are on sale now at AXS.com. For more information, follow on X via @MostVPromotions or on Instagram via @MostValuablePromotions.

About MVP
Most Valuable Promotions (MVP) is a global combat sports and entertainment company built for the next generation of athletes and fans. The company operates across boxing, mixed martial arts, live events, media, content, athlete development, and global distribution, with a fighter-first philosophy centered on equitable compensation, maximum visibility, and long-term brand building.

Led by Nakisa Bidarian and Jake Paul, MVP promotes some of the world's biggest combat sports events and represents a roster of nearly 400 elite athletes, including world champions, titleholders, contenders, and emerging stars. MVP's portfolio includes MVP, MVPW, and MVP MMA, bringing together premier boxing and mixed martial arts properties under one global brand.

Through partnerships with leading media and distribution platforms including Netflix, ESPN, Sky Sports, and an extensive international network reaching fans across more than 170 countries, MVP delivers world-class competition and entertainment to audiences worldwide. By combining elite athletes, premium live events, compelling storytelling, and global media reach, MVP is building the future of combat sports.

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